The Clífton and Spalford Newsletter Wínter 2023

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Let's never forget what a beautiful part of the country we live in!

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The Magíc Moment

While many focus on the winter solstice as a day in the calendar, what we are actually talking about is a very specific moment which is over almost as soon as it has begun. The solstice marks the point at which the Sun is exactly overhead the Tropic of Capricorn, which this year will happen on Friday 22nd December at 03.27 GMT. Marking the shortest day of the year, it is incredible to think that it is almost nine hours shorter than the longest day!



There are many festivals that centre round the solstice with the 'Yule', the 12-day festival, being the most familiar to us. Yule has given birth to many of our most familiar Christmas traditions including the Christmas tree, the Yule log and the Christmas wreath. As I write this, I am looking forward to going to the Wreath Workshop, being run by Adam, this weekend. Have a look, over Yuletide on our front door to see how successful I was!

This is the tenth time I have worked on the winter edition of this lovely newsletter and it has been an absolute delight and pleasure getting all your messages together and a privilege to share your festive stories. As always, there is plenty happening in this vibrant community. Personally, my highlight is the Candlelit Carol Service at St George the Martyr Church. For those new to the area, it is a real treat and, along with Carols on the Green, gets Christmas off to a wonderful start. The service this year will have added significance as it will be the last time Rev Mandy will officiate at our beautiful 12th Century Church. She retires in January after 7 years of great service to the East Trent Group. Come along and wish her and Phil well in the future.

Dan Finch (Finch to his friends!) will be taking over the reigns as editor from spring 2024 and I am certain he will take this newsletter on to the next level. With your continuing support he will do a great job.

Finally, from me, this newsletter is an important local resource and a historical record of our times. I have copies going back four decades. 'An everyday story of village folk'. I look back, over the last ten years, on the highs and lows, safe in the knowledge that we are strong and robust communities who look out for each other. Thank you to Debbie and Mike for always being there and doing sterling work, all the best to Finch and thank you all for your support over the years.

Have a very happy Yuletide and a prosperous 2024

Gill x



Royal British Legion Poppy Collection

Martin Oates would like to thank everyone that supported the Poppy Appeal this year.

A total of £486.38 was raised.

A brilliant total for a very important cause.

Chrístmas Messages

Wishing all our friends, old and new, a very Merry Christmas and a healthy New Year. Den and Mike Foster x

Wishing you all a very Merry Christmas and a Healthy, Happy and Safe New Year. Peter and Christine Scott

Happy Christmas and Best Wishes for a prosperous new year from Dave, Sara, Tom and Jenny Chambers

Wishing you all a 'Merry Christmas and а Нарру New Year' Pete, Dee and Robbie

Merry Christmas and a Happy Healthy New year Marjorie and Ed Swain

Christmas/New Year greetings from Teresa & Granville to all our friends

We want to wish everyone a Merry Christmas and a Happy New Year. Thanks to everyone supporting the Coronation Hall. Mike and Deb

Christmas wishes to all our friends Peter, Clare, Hanah and Joseph



Merry Christmas and Best Wishes for 2023 Love Neil, Louise, Nelson and Jemíma Gílbourne

Grant and Susan Dickson wish all friends and neighbours 'A very Merry Christmas and a Healthy and Happy 2024.

> Alan and Margaret would like to wish all their friends across the villages A very Merry Christmas and a safe and healthy New Year

Best wishes to all, this Festive Season. Love Ivor and Bindy

Jim and Shelagh would like to wish all their wonderful friends in The Cliftons and Spalford a magical Christmas filled with true joy and happiness and a Happy, Healthy and Peaceful New Year.

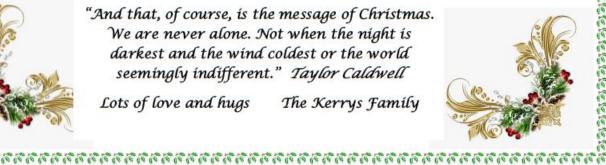
Gill and Mick wish everyone in the three villages a Christmas filled with joy and laughter and a peaceful, hopeful New Year.

Wishing everyone a very Merry Christmas and a happy and healthy 2024 John and Wendy Jessamine Cottage



"And that, of course, is the message of Christmas. We are never alone. Not when the night is darkest and the wind coldest or the world seemingly indifferent." Taylor Caldwell

Lots of love and hugs The Kerrys Family



Paula and Trevor Noble extend to all our friends Best Wishes for a Merry Christmas and a Happy New Year

Wishing all villagers who know us, and those that don't, a happy festive time! Best wishes for 2024 Roger, Alison and Pepper

We would like to wish everyone a very Merry Christmas and Happy New Year! With love from Adam, Wayne and the boys

I hope the magic of Christmas fills every corner of your heart and home with joy – now and always. Denise

Carolíne & Chrís would like to wish everyone a merry Christmas & a very happy New Year

Merry Christmas and all the best for the New Year to all our friends and neighbours. From Mal and Carol Brady

Gill, Debbie and Mike (your newsletter team) would like thank all the newsletter distributors and everyone in The Cliftons and Spalford for their continuing support. We wish you all have a Merry Christmas and a very Happy New Year!

Merry Christmas to Everyone and a Happy New Year. Love Andrew and Debbie

Wishing everyone a Very Merry Christmas and a Happy and Healthy New Year. Jamie Hallam

Ann Akrill sends Christmas Greetings and Best Wishes for the New Year to all her friends

Merry Christmas and a better New Year 2024 to all from Anni and Rudi David and Ruth Hollands wish everyone in the three villages all the Very Best for Christmas and the New Year.

And so, we are offering this simple phrase. To kids from one to ninety-two. Although it's been said many times, many ways. Merry Christmas. May 2024 bring health, happiness and prosperity for all. Nigel and Sarah Chester-Buckley.



Dí and Davíd at Crowe's Cottage wish everyone a Happy Christmas and a preposterous New Year xxxx

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DATES FOR Jour Diary

RED LION BAR

BARBELL BURGER DARTS & DOMINOES PASTA POD Strictly final PUB QUIZ GOURMAZIN

FRIDAY 24TH NOV MONDAY 4TH DEC FRIDAY 8TH DEC SATURAY 16TH DEC TUESDAY 19TH DEC FRIDAY 22ND DEC

Christmas Eve....

RED LION BAR WILL BE OPEN FROM 15.00-23.00 On Christmas Eve!

Community Notices

Coronation Mugs

We have a small number of commemorative Coronation Mugs left. Please contact Ann Akrill or Gill Cobham if you would like to buy one or come and see us on a Saturday morning at the Refill Station. They are £7 each.

The Refill Station is looking for volunteers

Many of you support the refill station and café on a Saturday_morning. Would you like to get involved? We need cake bakers, volunteers to run the café and deal with our customers who come to refill their containers. We are open from 10 – 12 noon every Saturday in the Sports Pavilion on Coalyard Lane, South Clifton, so if you can spare some time, we'd love to see you. Ring Gill on 01522 778914 or pop in.

Are you on our Email List?

Many residents of our three villages, that are not on Facebook, have joined the Cliftonites email list to ensure they are kept up to date with events and important announcements that affect our community.

If you would like to be included, please contact Gill on 01522 778914 or email – <u>cliftonandspalfordnewsletter@gmail.com</u>

Conversely – if you are on our email list, **and no longer wish to be**, please use the contact details on the page 9 to opt out.

Please get in touch if you wish to post a notice on this page in the next issue<u>.</u>

King Charles III Legacy Bulb Planting

It was decided earlier this year by the Coronation Planning Committee to plant 2023 narcissus bulbs on the verges of the inroads to N & S. Clifton and Spalford to commemorate the coronation of King Charles III. An early flowering variety 'Carlton ' was chosen and 300 kg of bulbs were purchased and distributed to the three villages.

The planting has now been completed and my thanks to the 30 donors that provided the funds to buy the bulbs, and to the volunteers that planted them. (It was hard work)

I hope that we get a good display of flowers in the early spring and as they multiply from year to year it should gradually get better.

Many Thanks

John Sanders

Many thanks to John Sanders, ably supported by John Mulryan

We shall look forward to the display next spring.





Here we have the brains of South Clifton meeting on Trent Lane for a Breakfast Business Conference!

Have you any photos celebrating village life? Please send them in to us. Contact details on Page 9.

Bulb Planters Extraordinaire

Here are some happy workers!

Val Watson overseeing Hugh and Adam Cassells as they help plant Spalfords' verges.

We are looking forward to a fabulous display in the spring in our three villages.

Well done to everyone who has helped in any way.



Newsletter Contact Information

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Please contact Gill or Debbie for more information.



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St. George the Martyr Church North & South Clífton

As the year ends so will another chapter in the life of St. George



the Martyr Church. With the retirement of Reverend Mandy, we will lose a very committed and much-loved vicar. Mandy's decision to retire, while understandable, will clearly cause a big vacuum in East Trent Churches. The process of recruitment in the Church of England is somewhat protracted and we must face 2024 with the possibility of a lengthy interregnum.

We have already met as a group of church wardens in East Trent and hopefully agreed the way forward, without causing too much disruption to services, but obviously a limited number of minister - led services will be evident. For those wishing to organise weddings, funerals, or baptisms in the church they should contact our Administrator Christine Hasman as on the church noticeboard.

It is likely that our Carol Service on the 15th of December will be Revd Mandy's farewell service at Saint George the Martyr, so we hope that as many people as possible will put that date in their diaries and come and say thank you and farewell at what is always a lovely service.

Mandy's farewell service in East Trent Churches will be on Sunday 28th of January at 11am at St John the Baptist Church Collingham. The previous day on Saturday 27th of January 1-4pm there will be a presentation to Mandy and Phil in the Memorial Hall, Collingham. There will also be an informal opportunity to meet Mandy and Phil on Sunday 28th January in the afternoon at the Cat Asylum Brewery, Collingham. As Mandy and Phil move to their new home in Calverton it was thought that the best idea for them as a going away gift would be a cash present and anyone wishing to contribute can pass on to the church wardens for forwarding on. It is intended for us to give a personal gift from St George's to Mandy and Phil at the Carol service on the 15th of December.

As 2023 comes to an end we would like to thank the many people who support our church in so many ways. Every service this year we have had beautiful flowers on display and most services are accompanied by Anne on the organ. Refreshments have been served after our Sunday services thanks to Val and Derrick. We have welcomed North Clifton Primary School to the church and look forward to seeing their Christmas production on Tuesday December 12th.

PLEASE SUPPORT US WITH OUR CHRISTMAS PRIZE DRAW

We wish all a peaceful and festive Christmas and with every good wish for 2024.

Granville Daniels & Michael Cobham (Churchwarden's) and all PCC Members. Contact: Granville 01522 778919. Michael: 01522 778914

Art at the Pavilion

This year we have had brilliant displays from several local artists, using oils and watercolours. At the moment we have some pressed flowers incorporated into the designs. Thank you to all those who have exhibited.

Would you like to have your work on the pavilion wall next year? Whether your style is modern or traditional or in any medium, we would love to see your work on display. It can be a solo exhibition or a collaboration of talent.

6th and 7th July 2024

Advanced notice of an arts and crafts weekend in North Clifton. We are looking for participants to be part of this exciting project. The idea is it will be similar to Open Studios, but in one location. If you would like to hold a display or stall, please speak to Di Sanders 01777 228078 or Clare Watson 07790 158176

Beginner watercolour classes

Again, advanced notice, I shall be holding 10, weekly 2hr beginner classes on a Wednesday afternoon. Running from 14th February with a break in the middle. Please get in touch if you are interested in joining a group of like-minded people to learn how to paint in this beautiful medium.

Clare Watson



Please call Damian Griffiths on 07976 751350

Or email: cfsfencing@hotmail.com

Did you know that South Clifton has its' own website.

Visit for village information, notices from the council, forthcoming events and much, much more!

www.south-clifton.co.uk

Thank you to Geoff Goring for keeping us up to date!

At St. John the Baptist Church Collingham

Sunday 28th.January 2024 11am.

This will be Revd. Mandy's last Sunday service in the East Trent Group of Churches

All Welcome

Retiring collection for Mandy & Phil's choice of Charity

Farewell Mandy & Phil East Trent Group

Besthorpe, Clifton, Collingham, Girton, Harby, Holme, Langford, South Scarle, Thorney and Winthorpe.

Saturday 27th January 2024 1 - 4pm at the Memorial Hall, Collingham.

Cheese & Wine Tea & Coffee

Everyone is invited to come and say their personal goodbyes

Message from Revd. Mandy

Dear Friends,

I'd like to wish you a very happy Christmas and happy new year. As I'm retiring at the end of January, I'd also like to thank you for sharing your lives with me over the past seven years. It's certainly been an eventful few years, with lots of ups and downs, happiness and sadness and celebrations of every stage of life. When I arrived, none of us would have imagined a pandemic lockdown, but it was a privilege to see how you took up the challenge and did everything possible to help each other. Very quickly, shopping and prescription collection and delivery was organised, we learnt about Zoom and You Tube and church services and village concerts were broadcast. Everything possible was done to keep church and village life together.

Of course, Covid wasn't the only thing which happened, and I've got great memories of a Palm Sunday procession, complete with donkey; Hymns and Pimms, complete with Alpaca; Open Gardens, Summer Fetes and Christmas Fairs, Harvest Festivals and Lunches, Beer Festivals and Afternoon Teas! I could go on and mention creative Christmas Carol Services, School visits and Sponsored walks!

Thank you for all your hospitality, energy, and creativity and a special thank you to all the people who work quietly behind the scenes, especially our churchwardens and PCC! When I first arrived, I said that this was my favourite Christmas Carol:

Love came down at Christmas Love all lovely, love divine, Love was born at Christmas, Star and angel gave the sign.

This Christmas, may we all know this love throughout our villages. I look forward to seeing you at our Christmas services and eventually at my leaving dos.

God bless you, With love, Revd Mandy.

Have your say!

Another year has almost past and we are again quickly approaching Christmas, which brings me to the reason for my contribution to the newsletter. I have noticed over several years that the Christmas Messages are increasing with a record amount of £150 raised which is excellent for the newsletter. I realise that some people prefer to put messages on as for some, Christmas can be a very difficult time, and I fully respect that.

However, the great British tradition of sending Christmas cards seems to be falling in this never-ending world of instant communication. I still send in the region of 100 Christmas cards. My biggest concern is the loss of funding if people stop purchasing them. I have put several examples below:

M & S £200,000- 48% to Shelter/48% to Breast Cancer/2% to Marie Keating Foundation.

Sainsbury's £400,000- split equally between the Royal British Legion Trading Ltd and Comic Relief.

John Lewis- Together For Short Lives, Homestart and NHS charities.

As an added bonus, take your Christmas cards to M & S for recycling and for every 1000 collected they will plant a tree. Food for thought- preferably before you sit down for your Christmas dinner!

All that remains is for me to wish you all a very Merry Christmas and a Happy and Healthy 2024.

Jane Cahill



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South Clifton Parish Council

It's been a busy time for the parish council most notably the One Earth Solar Farm consultation. At our last meeting, your council heard the views and answered what questions they could from villagers. A vote was taken and it was passed unanimously to object to the planned Solar Farm, primarily because of its disproportionate scale and its use of precious farming land. Two councillors have joined the action group instigated by the North Clifton Parish Meeting and we are also working with the Parish Councils across the river., to co-ordinate our responses. A group of South Clifton residents met with David White, the Action group leader and have offered their practical support. Please watch out for Facebook posts or emails regarding future plans and get involved if you wish.

<u>https://saveourheritagevillages.co.uk</u> – you can keep up to date here or feel free to contact one of your councillors.

The Mill field project is still going ahead, the process is frustratingly slow but hopefully we are making some headway with it now. Plans have been finalised for the four-acre site but we have to ensure it is completely safe before we proceed. Adam Cormack is heading up the Mill Field group, please offer him your support if you can.

There were two first aid courses which were attended by over 35 villagers which refreshed peoples' knowledge of what to do in case of emergency and how to use the three defibrillators we are lucky enough to have in our village.

Following on from complaints recently from residents about speeding, a few of us have undertaken some training to be able to carry out some speed checks soon. It does help to make both visitors and residents aware of the speed limits and it is important that they are not exceeded, as, apart from breaking the law, there are several roads in our village that have no footpath, so safety is always a concern. This may help us too, in the future, to get the 30mph sign moved nearer the A1133, which we have been trying to get permission to do for several years.

There is more planning being submitted with Bassetlaw for the development of the High Marnham site and we would like to encourage people to keep checking on this as the development of this site will impact our village more as it grows. We will keep you updated as much as we can, but, if you are able, you can check the Bassetlaw planning website too.

Comment, track and view current applications | Bassetlaw District Council

You will, hopefully, all be aware that Openreach are aiming to bring Full Fibre Broadband into South Clifton, Spalford, Girton and North Scarle. If you have not done so already, please go onto the following link and pledge your voucher (£4500 – offered by the Government) to allow Openreach to claim the funding they need. There is no catch here – all you have to do in return is commit to changing your broadband contract to Full Fibre for 12 months. Most of the time you will just be able to upgrade your present contract. Connect my community | Openreach

Dates for the next few meetings are 5th December, 23rd January and 12th March - which, as always, any one is welcome to attend.

Finally, we would like to wish all villagers, a very Merry Christmas and a peaceful and healthy New Year.

Your Councillors – Dr Ed Swain, Bindy Dadswell, Gill Cobham, Alan and Margaret Griffiths, John Ford and Debbie Coleman. Clerk – Dawn Benton <u>pcsouthclifton@gmail.com</u>



CHRISTMAS COLOURING COMPETITION



This competition is open to all Primary School children

Please hand your entry in by 21st December putting your name and age on the back.

Hand them in to North Clifton school or post into my letterbox at Meadow View Cottage, South Clifton.

Happy Colouring!



Letter from your MP – Robert Jenríck

RT HON ROBERT JENRICK MP



HOUSE OF COMMONS

LONDON SWIA 0AA



17th November 2023

RE: Large solar farm proposals

I am writing to you as your Member of Parliament regarding a matter of great significance that could impact our community and local landscape for generations to come—the proposed 'One Earth' solar farm. I share the concerns of many constituents who have already written to me about the surge in speculative applications for large solar farms across our region, particularly in Nottinghamshire and Lincolnshire. Whilst I am a strong advocate for responsible growth in areas such as housing, infrastructure, and renewables, it is essential that we approach these developments with careful consideration.

I want to make clear that my position is not inherently against solar farms. I believe in the importance of renewable energy sources as we strive towards achieving net zero. Solar energy has a role to play, including on agricultural land. However, this must be done in a reasonable way, striking a balance with other interests, and taking a pragmatic, not dogmatic, approach to reach our environmental goals. Solar installations are ideally suited for rooftops, homes, offices, factories, and brownfield land. If deployed on farmland, it should be done sparingly to avoid extensive use on land that could otherwise be utilised for domestic crop production, safeguarding food security and minimising landscape impact.

The 'One Earth' solar farm proposal is of an unprecedented magnitude and scale for our area and is simply not a reasonable proposal. I have already conveyed my objections to the relevant Ministers and am committed to actively participating in the consultation and legal processes. Unless the proposals are radically changed, I will be doing everything I can to oppose this application.

I would invite you to read about the proposals: http://oneearthsolarfarm.co.uk/proposals/, understand how they might impact the countryside around you and your quality of life, and actively participate in the legal planning process that will commence in due course.

Due to the size of the proposal, this application will be handled through the Nationally Significant Infrastructure Projects process, which means that the matter is considered by a government appointed planning inspector and is ultimately a decision made by the Secretary of State for Energy, taken in a 'quasi-judicial' capacity, acting on the advice of their officials. If you would like to read more about this process, see this link to the government website: https://infrastructure.planninginspectorate.gov.uk. I will be working closely with all the parish councils and parish meetings of impacted communities, as well as your local District and County Councillors, so that we are as coordinated as possible.

Before we have an opportunity to participate in the formal process, I have created a petition to register your views on the solar farm proposals and to stay in touch on this issue. By accessing the following link: https://www.surveymonkey.co.uk/r/SOLARNOTTS, you can join other constituents in expressing your views. Your input is crucial in shaping our collective response and ensuring that your voice is heard. I will be sharing the results with our local councils and the Secretary of State for Energy.

If you require further information or assistance, please do not hesitate to reach out to my office.

With best wishes,

Rt Hon Robert Jenrick MP

From the Member of Parliament for the Newark Constituency

including Balderton, Bingham, Collingham, East Bridgford, East Markham, Fernwood, Newark, Southwell and Tuxford.

If you wish to object to this proposal – here is another opportunity to make your voice heard. Please get in touch, (details on Page 9), if you need assistance with this.



A MUSICAL EXTRAVAGANZA FEATURING MUSICAL RENDITIONS & SONGS FROM POPULAR WEST END THEATRE PRODUCTIONS

PERFORMED BY MUSICAL DIRECTOR & CHOREOGRAPHER

KEVEN PROCTOR

FROM THE TENDER AGE OF 7 YEARS, KEVEN HAS PERFORMED IN MUSICAL THEATRE AND FILM AND IS A GREAT DELIGHT TO BRING TO THE STAGE HIS VAST EXPERIENCE AND LOVE OF MUSIC.

SATURDAY 16TH MARCH 2024 7PM FOR 7.30PM

AT

SOUTH CLIFTON CORONATION HALL

TICKETS £ 25 PER PERSON

INCLUDES 2 COURSE MEAL & BRING YOUR OWN DRINK CABARET STYLE LAYOUT

PROMISES TO BE A SPECTACULAR EVENING - DON'T MISS OUT!

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Coronation Hall News and Updates

Autumn Market

Over 100 people visited our Autumn Market on Sunday 8th October. 13 different stall holders, including the Refill Station, displayed a variety of different crafts for sale including jewellery, pottery, pictures, woodworking, metal garden ornaments etc. Including sales of bacon and sausage baps, the event raised £656.







Fashion Show

On Saturday 28th October we hosted another Fashion Show held by the Complete Clothing Company who brought us some high street fashions at reduced prices. The event was well attended and we managed to raise £471 towards the upkeep and maintenance of the Hall. Thank you to all our lovely models and to everyone who attended.

The Hall recently won £500 on the latest Newark and Sherwood Lottery. The money has gone towards installing the defibrillator at the Hall.



Please have a look at our newly designed website at southclifton hall.org. detailing our forth coming events, facilities and booking details.

Forthcoming Events

- Christmas Dinner Dance Saturday 9th December
 - Musical Extravaganza Saturday 19th March
 - Country and Western Evening Saturday 31st August



Booking Procedure – Residents and Non Residents

- 1. Check the hall's availability on the hall's website calendar. southcliftonhall.org
- Complete a booking form, which can be downloaded from the hall's website.
 The hire period should cover all the time to set up, cooking and clear up.
- Any chargeable items required, for example, tablecloths, stage etc. These need to be listed on the last page of the booking form and will be charged at the appropriate rate. All hire charges can be found on the hall's website.
- To secure the booking, please pay the deposit at the time of sending the booking form to <u>enquiries@southcliftonhall.org</u>
- Once a booking form has been received and accepted by the hall's Booking Clerk, confirmation of the booking will be emailed to you.
- The total booking fee will need to be paid 4 weeks prior to the event.

Issue Oct 23

A Charity Registered in England & Wales 522298

Hall Address: Moor Lane, South Clifton, Newark, NG23 7AN*

*Note. the hall is not permanently attended so this is not the address for post, please contact us by email should you need a postal address

www.southcliftonhall.org

enquiries@southcliftonhall.org

Burton Water Circular

Distance – approx. 6.5 miles (2.1/4 – 2.3/4 hours) OS Explorer Map 272 Flat even ground on paths and farm tracks but crosses too busy roads where care is needed. Can be muddy if wet.



 Starting from the Woodcocks pub car park and with the pub entrance behind you, turn right and walk on the grass between two wooden fences towards the Fossdyke navigation. Climb the steps and turn right following the limestone path for about 1 mile.
The path stops at a metal 5 bar gate so turn right and cross a wooden bridge then left for a short distance and cross the busy A57. Turn right passing a café and car dealer on the lane, take a left turn before a green steel barrier towards Tower Farm. Walk passed the farm and, continue on a farm track. When this ends, continue straight ahead along the field edge, keeping a ditch and hedge on your right.

3. The path comes to a stop besides the main drain so turn left for 400 yards and cross a concrete foot bridge on your right. Once over the bridge combine straight ahead along a field edge keeping the hedge on your left. You will then come to the Catchwater drain. At this point turn right, walking either on the field edge or flood bank top. After about 1 ¼ miles you cross a minor road at Burton Bridge and continue straight on for another ½ mile to Bishop Bridge.

4. Turn right over the old bridge passing 2 houses and onto A57. Be very careful crossing this road. Once across turn left and walk for a few yards on the grass verge then turn right and continue to follow the drain as before. The path goes under the A46 and continues until it comes out onto a tarmacked path by the Fossdyke.

5. Make a right turn and follow the path by the side of the navigation towards A46 and Pye Wipe pub. At the path you have a choice to either take the green path between the pub and the water course or turn right across the car park and under the A46 bridge, turning left along the path, ignore the left turn upwards and go straight to meet up with the original path.

Continue for another 1 ¼ miles crossing a footbridge, passing the Marina and retuning to the start.

Mike & Deb Coleman



The Red Lion Bar at the Ron Beat Pavilion

Festive greetings to you all and here's looking forward to a happy and healthy 2024!



We are delighted to say that our electric car charging points are now up and running so let all your family and friends with electric vehicles know they don't need to worry about where and when to recharge when they visit. The two points are right here in South Clifton and can be use at any time of day or night. Simply download the app, a bar code on the charger, and follow the straightforward instructions.

We held out first **'Race Night'** on Saturday 18th November. It was a great success so watch out for details of the next one. Our monthly **'Quiz Night'** is well established now and we are very grateful to Pete, Jez and Sally for their hard work in making them run so smoothly.

As well as our fortnightly food vans we are pleased to announce that the Red Lion Bar will be open on **Christmas Eve from 3pm to 11pm**. Come along and enjoy the fun!

We will also be opening on **Saturday 16th December** to anyone who wants to come and watch the **Strictly Final**. Join us from 6.30 pm.

We do take regular booking for the pavilion. For example, week beginning 13th November, we welcomed; Trent Vale Trail Development Group, Clare's lovely Christmas Artists as well as Spalford Parish Meeting.

It is heartening to look back and appreciate just how much the Red Lion Bar and The Refill Station have developed over time. As ever, we are



indebted to all who put time into making things work and, most importantly, to you for your continuing support. We couldn't do it without you and feel we have a great local resource for us all to enjoy. We have a great deal to look forward to in 2024, if you want to join us or just find out more, **please come to our AGM**, on **Wednesday 13**th **December** in the Sports Pavilion at 7 pm. Please let Tom or Adam know if you plan to join us.

Finally, one part of the playground is currently taped off for safety reasons. Repair work is scheduled for the New Year so please be mindful of this when you, or your children, are on the park.

Happy Christmas to you all,

The Sports Association Committee



Drs Fearn, Li, Coulton, Suresh, Schuerch, Rees, Kathirgamachelvam

Monday - Friday 8.00am-6.15pm

Telephone number: 01636 892156 Appointments and General Enguiries line open 8.00am – 6.15pm Prescriptions line open 10.00am – 12.00pm

In addition to our normal medical services, we can offer: Child and Adult Immunisations, Well Person Health Checks, Travel Advice, Minor Injuries, Joint Injections and Minor Ops (including cryotherapy)

Our communication with patients relies on current information. If your personal details change, including telephone numbers, please let the practice know. Thank you.

> Out of Hours Service is provided from 111 when the surgery is closed. Website: www.collinghammedicalcentre.co.uk



High Street Collingham Newark NG23 7LB Tel: 01636 893038 Email: collingham.pharmacy@nhs.net

High Street Collingham

Newark NG237LB General Enquiries/

CHRISTMAS 2023

Saturday 23 December - Open 9 am - 12.30 pm Monday 25 December - CLOSED Tuesday 26 December - CLOSED Saturday 30 December - Open 9 am - 12.30 pm Monday 1 January 2023 - CLOSED

(Normal opening hours all other days. Closed between 1.00 pm and 2.00 pm every day)

The Collingham Pharmacy team would like to wish everyone a very Merry Christmas and Happy New Year.

When this Pharmacy is closed, if you urgently need medical help or advice but it's not a lifethreatening situation contact NHS 111. Information can also be accessed at www.nhs.uk

Website: www.collinghammedicalcentre.co.uk

YOGA and PILATES CLASS Monday and Wednesday 9 – 10am Friday 8 – 9am Coronation Hall, South Clifton.

This is a mat-based class for all ages and abilities, although you must be able to get up and down from the floor unaided to participate safely.

The exercises are yoga and pilates based movements that will help your strength, stamina and flexibility, with an emphasis on breathing and relaxation. No previous experience is necessary.

Classes are £3

Please ring Gill on 01522 778914 for more information or just turn up at the hall ready to start.

You will need a yoga mat and comfortable, stretchy clothing.

COMPUTER SERVICES Tek-Head is now JSM Computer Services





01522 789058 07875 428047

Free Local Pickup or Onsite Support Home and Business Users Local - Fast - Reliable



ly there an alternative to a solar farm?

Could it be STEP fuzion (Spherical Tokamak for Energy Production)?

The STEP program is being hailed by some authorities as a better alternative for energy production than solar. The UK Atomic Energy Authority are currently developing STEP fusion at their West Burton site with the intention of producing energy on a commercial scale by around 2040 and they have very kindly agreed to come and give a presentation on the subject.

The STEP program is the NCC's preferred means of energy production. The presentation has been facilitated by North Clifton Parish meeting and South Clifton Parish Council.

UK Atomic Energy Authority

PARISH COUNCIL MEETING

UPDATE FROM STEP

The STEP prototype fusion energy plant has a home at West Burton site.

If you would like to find out more about STEP please join Dr James Cowan, Director of Programme Development.

Monday 11 December 7.30pm

South Clifton Coronation Hall Mill Lane South Clifton NG23 7AN

www.step.ukaea.uk



HAVE A STRESS-LESS CHRISTMAS!

Dr Carol Brady

As Christmas approaches, TV adverts convey an image of the "perfect" Christmas, with happy smiling families eating wonderful food and receiving the ideal Christmas gifts, in spotless rooms full of Christmas decorations. This far from reality for most people, and trying to achieve the perfect Christmas, and please everyone, is very stressful. Surveys show that many people feel under pressure to make Christmas special for their families, which leaves them overwhelmed, anxious, and tired. People have difficulty affording presents and food, worries about going into the new year with increased debt, and we struggle to find time to get everything done. In addition, this family focused time can be a lonely experience for those who don't have people around them.

How can we reduce this stress and enjoy Christmas more?

- Get real: See those adverts on TV for what they are attempts to get you to spend money! Keep a sense of perspective. Christmas is one day of the year. It doesn't have to be perfect. Set a budget and stick to it, don't set yourself up for a difficult new year. Be honest with family and friends about arrangements, and what you can do. If it is all too much, it is ok to say no, and arrange to meet after Christmas.
- 2. **Connect:** Think about what Christmas means to you, and how you can connect with that meaning this year. This might be by choosing to spend time with someone who is on their own, giving money or time to a charity, or by helping your community. Make a connection with what really matters to you.
- 3. **Take time out**: Get outside for a walk each day when you can. If you are in the middle of a family get together, and you need a few minutes to yourself, take it. Go outside and just breathe.
- 4. **Be mindful:** If you can, take a few minutes each day just to sit and notice your breathing. If it's tricky to remember this, then each time you fill the kettle and wait for it to boil, use these as mindful moments, to just notice the sensation of your feet on the floor, the sense of breathing in and out.
- 5. **Take in the good**: Each evening, take a few moments to think about what went well today, something you enjoyed, something you are grateful for. It can be helpful to write them down, and just hold them in your mind for a few moments before you go to sleep.

If you would like to start 2024 by learning to let go of stress, get in touch with me on drcarolbrady@icloud.com

If there is enough interest, I will set up a low-cost Mindfulness Based Stress Reduction group at the Coronation Hall. Message me for more details.

"My feet are killing me"

If this sounds like you, then call to book your appointment NOW! Most foot problems can be treated quickly and easily, there's no need to suffer in silence.

> Sally Smíth Body and Sole The Country Clinic with the Calming Air

Chiropodist Lime Grove Clinic, High St, Harby, Newark, Notts NG23 7EB 01522 704294 or 07974 580 262



North Clífton Parísh Meetíng

A total of sixteen people attended the Parish meeting held on September 21st in the Pavilion at South Clifton. Topics discussed included

The ownership of the green, the Notts Council haven't raised any objections to the Parish claiming ownership so the process now moves onto the next stage. Advice is being sought off the Open Spaces Society about how we go about "making a statement" and collecting evidence to establish ownership before it is sent back to the NCC for further evaluation.

The defibrillator/VETS system, whilst the Defib is maintained and well looked after by Becky Chell, it was noted that the VETS system (the call out system), probably needed some work. Since it was started it is inevitable that people have moved from the village, perhaps changed phone numbers and some will no longer wish to be part of the scheme so it was agreed that all on the list would be contacted and the list updated. So far, the response has been disappointing with only 5 households so if you aren't on the list and want to be, please get in touch. In case you didn't know, the VETS is a community-run system and enables up 10-15 "good neighbours" to assist pending the arrival of the emergency services. A local number is used as a single point of contact using "Hunting-Group" technology to ring all volunteers phone numbers simultaneously. It means that when the Defib goes out for a real emergency, other people are notified and then they can respond to assist. Hopefully that way no one is left to try and carry out CPR/defibrillation on their own.

One Earth Solar Farm. At the time of the meeting very little was known about the project but two weeks later, after One Earth met with residents in the village hall, a second meeting was convened. It was evident that there was a lot of opposition to the scheme but also, we have families within the Parish who will be in favour of the scheme so in order for the Parish meeting to retain its impartiality it was agreed that an Action group should be formed. This is now well established and has people on board from right across the affected area. One Earth have indicated that they will continue to listen to comments from people for as long as they can but at some point, next spring they will be coming back with firm proposals and at that stage they will ask for formal comments from the Parish Councils/Parish meetings.



On Sunday 29th October an enthusiastic group of villagers set about planting the 2023 daffodils bulbs that the Coronation committee had given the village to commemorate the coronation of King Charles. Thanks to Margaret and Peter Brumpton, Sharon Rose, Kim Tuffin, Jean Harper, Jane Radley, Emma Wilkes and Arthur they managed to plant about 1500 bulbs in a little under 3 hours. They were mainly set on the edge of the green and along Mill Lane which should brighten the entrance to the village next spring. The remaining 523 bulbs have since been planted by the volunteers in their spare time.

It was very sad to hear at the end of September that Shirley Day had passed away. Aside from her many other activities, In the late 1990's/early 2000's Shirley managed to keep the North Clifton Parish meeting running, despite

waning interest. At one point she was acting as Clerk, Chairman, and Treasurer as well as hosting the meeting in her own front room. If it hadn't been for Shirley, North probably would no longer have its own Parish meeting. It was therefore very fitting and a nice tribute that a large contingent of villagers paid their respects at her funeral in the Parish Church.

Future dates to note,

November 30th, Parish meeting, 7.30pm in the Sports pavilion, Coal yard Lane, South Clifton.

December 12th, (reserve date in case of bad weather, Dec 14th). Carols on the Green, mulled wine, mince pies and a selection of well-known Carols. Everyone welcome. If you can play an instrument, bring it along and join in. (please advise if you intend to bring a piano)!

The Parish email address is n.c.parish.meeting@gmail.co.uk

SOUTH CLIFTON REFILL STATION

Here we are heading towards the end of 2023. I'm sure we are all wondering where has the year gone?

This year with the monies raised, once again, we have donated to several good causes within the local environment. These include the newsletter which keeps us informed of what's happening locally, the Church, Trent Valley Trail and the purchase of a new dog waste bin amongst other things...

The Refill shop continues to grow and adapt the supplies of plastic free products we think you might like. If you feel that there's something you would like to see then please do come forward and let us have your ideas. Talking of stock, keep an eye out for lovely Christmas present ideas coming up soon!!

At the South Clifton Refill Station, with your help, we will continue to go from strength to strength... Of course, none of this would be possible without your support. We are always looking for new volunteers and if you could spare a few hours on a Saturday morning we would love have you on board, helping out and having a bit of a laugh in the process.

If not, then come and support us by having a cuppa and a slice of cake.... After all, as someone famous once said "Every little helps"!!

Christmas goodies



Need a Christmas card? We have a lovely selection from Whistlefish, all made from recycled paper - £1.50 each.

We are also stocking beautiful homemade soaps and other goodies from The Soap Shack. We have sparkly hessian gift bags and lots of different coloured recycled string – why not choose your favourite products and make up a gift pack to suit the special people in your life?

Many of our goodies are priced well below £5 – great for stocking fillers. Have a look below at some of the lovely things on offer.

We really hope we see you soon.

Every Saturday 10 am - 12 noon. Sports Pavilion, South Clifton.















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HOME IMPROVEMENTS

PROPERTY REPAIRS



North Clífton Prímary School



What a wonderful Autumn term we have had! It has been a busy start to the school year with the MacMillan Coffee morning, Harvest Festival at the church and our school's Autumn Fair.



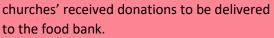
The children have continued to enjoy our 'secret garden', learning about the wonders of nature and the changing seasons. All of the children have enjoyed planting daffodil bulbs and tending to the flowers and plants. We have a rota of dedicated parents, staff and children to make everything is well watered- although with the recent rain, this has not been necessary!





The Robins have worked hard this half term, learning about weather and the changing seasons. We have been inspired by the work of the artist and sculptor Andy Goldsworthy to create our own Autumn themed creations using the nature found in our wonderful school grounds. The Robins then went on to write Autumn themed acrostic poetry.

A huge thank you to Rev'd Mandy and the Vergers for supporting our Harvest Festival at the church. The children enjoyed sharing their harvest songs and poetry to their friends and family. We would also like to thank the children's parents who donated food. This was combined with the







We had great fun making a scarecrow and contributing to Doddington Hall's competition. Our scarecrow was very proud to wear our uniform! The children went on to write letters to the scarecrow as they were worried it would be lonely in the field!

NCP Friends of Association

At North Clifton, we are very lucky to have a group of parents who have taken responsibility for fundraising for the school, enhancing the wider curriculum opportunities for our children. Over the last year, they have raised money through

> various events, the most recent being our amazing Autumn fair, which raised over £1500 for the school. A fun day was enjoyed by

all, especially the welly-wanging and pumpkin carving competitions! A thank you to all the volunteers who baked, prepared their own stalls and gave up their free time to ensure the children had a great day.





The Owls



World War 2 has been the topic focus in the Owls. We looked and propaganda posters and the purpose of them and designed our own. We also created some activism posters to help make our voice heard. We logged into an online remembrance assembly where we learned a lot about the importance of Remembrance Day. The children were very respectful in our 2 minutes silence.





We raised money for Children in Need and had a fun day supporting this good cause



A superb collection for the Autumn Harvest Festival by St George the Martyr Churchgoers and North Clifton Primary School parents and children.

The donations were gratefully received by Collingham Foodbank.

A Merry Christmas and Happy New Year to everyone in the three villages.





CHRISTMAS DINGBATS

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Spear Cottage	TURKEY	
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16	17	18

Wínter dates for your díary

There are regular weekly events in The Coronation Hall – see individual adverts in this newsletter. Here are details of the other events being held over the next three months. They are in the Coronation Hall unless stated otherwise.



December

- 4th Darts and Dominos, Red Lion Bar
- 5th South Clifton Parish Council Meeting 7.30 pm
- 8th Pasta Pod at the Red Lion Bar
- 9th Christmas Dinner Dance
- 11th STEP Fusion Presentation
- 12th North Clifton School Christmas Production
- 12th Carols on the Green North Clifton
- 13th South Clifton and District Community Sports Association A G M, 7pm Pavilion
- 15th Carol Service, St George the Martyr 7 pm
- 16th Strictly Final, Red Lion Bar, 6.30 pm
- 19th Quiz Night, Red Lion Bar, 7 pm
- 22nd Gourmazin at the Red Lion Bar
- 22nd Draw of St. George the Martyr Raffle at 7 pm at the Red Lion Bar
- 24th Christmas Eve at the Red Lion Bar, 3 pm 11 pm.

January

- 5th Chow Pizza at the Red Lion Bar
- 19th Barbell Burger at the Red Lion Bar
- 23rd South Clifton Parish Council Meeting, 7.30 pm
- 27th Presentation to Rev'd Mandy, 1 pm 4 pm, Memorial Hall, Collingham

February

- 2nd BanZai Thai at the Red Lion Bar
- 14th Weekly beginners watercolour class starts, Sports Pavilion
- 16th Tikka Junction at the Red Lion Bar

