

The Clifton and Spalford Newsletter

Spring 2024



Credit: Amy Burnett

South Clifton Parish Council

Since the Winter newsletter South Clifton Parish Council held meetings in December and January.

The main issues under discussion continue to be the One Earth Solar Farm proposals which the Council and 98% of South Clifton residents objected to, and the Flooding at the beginning of January.

One Earth Solar Farm

The action group opposing the solar farm proposals, as they stand, has been busy lobbying councillors and MPs. They have had an article and several photos published in the Newark Advertiser and a visit from Robert Jenrick to part of the proposed site. Your council was asked to provide a detailed 'Environmental Impact' report which was sent to the Planning Inspectorate (Secretary of State) in December.

We now await the revised proposals from One Earth, due in the next few months. They have said that they will, once again, hold a Public Consultation, so you should look out for details of this in your post. At this stage of the process, the Parish Council will be officially consulted and will be able to voice the collective opinion of our villagers. Please get in touch if you need any more information about this.

Village Flood

The January meeting was attended by some of the residents sadly impacted by the flooding on Back Street. The discussion centred around what the community and Parish Council can do to mitigate future events. Given the flooding was the first time South Clifton has been affected in living memory the coordination of response was high on the list of future actions.

So far, we have appointed a flood warden (James Goode) who will work with Gill Cobham and Adam Faux as well as four volunteers from North Clifton forming a joint 'Flood Group'. We have also arranged to co-ordinate with the Girton Flood Group and the, newly formed, North Scarle Flood Group.

The flooding, as far as we can ascertain so far, was due to a number of factors:

- A problem with the sewage pumping station on Front Street as well as some blocked drains;
- Ditches and Dykes not being properly maintained;
- Leaf and debris build up in the gutters and drainage grates;
- The one-way flap covering the water pipe that drains into the Bubble Dyke not closing fully, thus allowing flood water from the Trent into the village;
- Possible broken pipes underground?

Several of these problems have been sorted. The pumping station is now functioning correctly and the drains cleared. The gutters have been swept, albeit not very well but we are awaiting a return visit. With the help of Linda Dales, our District Councillor, the Internal Drainage Board have checked that their drains and dykes are clear and she has also been in touch with the riparian landowners responsible for the dykes on Vicarage Road to ensure they are aware of their responsibilities. We are awaiting a camera survey by Severn Trent, to pinpoint any underground problems as well as repair the one-way flap.

The Flood Group are working on an Emergency Plan for the future and also a resilience store where equipment such as aqua sacks, brushes, spades etc can be kept for easy access, should they be needed in the future.

Safer Neighbourhood Group

There were two meetings of the Safer Neighbourhood Group in November and January attended by Gill and Andrew Coverdale (our Neighbourhood Watch volunteer). This group led by Linda Dales, Police and a number of Newark & Sherwood communities reviews incidents in each community and is the opportunity for our representatives to report issues and request help. Thankfully South Clifton did not have anything of significance to report in these meetings but you are all encouraged to highlight issues of concern to Gill or Andrew so they can be raised at the next meeting on 30 April 2024.

We have a vacancy for a Councillor

Are you interested in getting more involved in village life? The Council meetings are every 6 – 7 weeks and we need a villager, who has been here for a minimum of 12 months to join our team. Please talk to one of us or get in touch (details below) if you are interested.

Gill Cobham

pcsouthclifton@gmail.com

Clerk – Dawn Benton - 07903 241589

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Please contact Debbie for more information

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St. George the Martyr Church North & South Clifton



As we entered the New Year at Saint George's Church it is very much all change!

With the retirement of Reverend Mandy, we enter a period of some uncertainty. Yet as Mandy herself said the life of the church will go on, as has happened on so many previous occasions, and we will endeavour to ensure that regular church life continues in our local villages.

There is no doubt many challenges lay ahead, but the PCC is determined to steer the church through this forthcoming interregnum. We will be holding our Annual General Meeting of the PCC on Tuesday the 16th of April at 10am in the Ron Beat Sports Pavilion, South Clifton. This is an open meeting to all who have an interest in the future of our church.

We have decided that our rota of services will continue as before, and we will have services on the 2nd and 4th Sunday of each month. We are fortunate that we have two retired clergymen living in East Trent and they have committed to try and ensure there will be a Holy Communion service every month within the area.

We are in regular contact with the Southwell Diocese, who are very much aware of our concerns in respect of the future of rural churches, and our commitment to ensure the church remains available for all.

Despite the interregnum we still must ensure the church is maintained and available for regular service and special occasions, so as always there are regular bills to be met, including insurance and Utility Services. We will, as before, continue to ensure that our links with the local community are open and are very appreciative of their support, particular in respect of fund-raising initiatives. We also will maintain a close working relationship with North Clifton Primary School, and they hopefully will be involved in celebrating special occasions with the church.

The current times of uncertainty, both within our local church and our local communities, are greatly helped by the history of a close and supportive community, as proven over the last few years. We are particularly helped by the availability of really good communication and will ensure that all information on church issues is shared through the excellent local media channels.

We are always very happy to open the church for personal visits, to either visit or spend quiet time there. Just contact one of the churchwardens on the number below and we will arrange.

As always, we look forward to seeing you at our services and events, and again sincere thanks to all for your support.

Granville Daniels & Michael Cobham (Churchwarden's) and all PCC Members.

Contact: Granville 01522 778919. Michael: 01522 778914

A leisurely walk on a new path to the Clifton Hill trig point with some of the best views in East Notts?

Since the last Friends of Trent Vale Trail (FoTVT) newsletter update the charity trustees and volunteers have been working hard to raise funds to complete the final 1400 metre section through Spalford and South Clifton connecting at Coal Yard Lane. It is pleasing to report that the FoTVT have been awarded national government grants, levelling up funds, administered by Newark & Sherwood District Council (NSDC). The support of our district councillor and several others at NSDC have been crucial to win the funding, as of course is the support from landowners. The amount awarded should be enough to finally connect South Clifton to provide a safe route for cyclists, horse riders, walkers, and wheelers from Coal Yard Lane to the Trent villages and onward to Newark. The current expectation is for the work to upgrade the surface, install fencing and gates to start in April 2024. On completion the section will be adopted by Nottinghamshire County Council whose Countryside Access team have been a long-time supporter of the Trent Vale Trail.

Completion of the trail presents the opportunity for our community cyclists, horse riders, walkers, and wheelers to safely (no A1133!) travel to Girton, Besthorpe, Collingham and Newark without need for a car.

Did you know that South Clifton has its' own website?

Visit for village information, notices from the council, forthcoming events and much more.

www.south-clifton.co.uk

Thank you to Geoff Goring for keeping us up to date.

North Clifton Parish Meeting

At the parish meeting on 30th November 2023, 14 parishioners met in the sports pavilion at South Clifton.

One Earth Solar Farm. Perhaps not surprisingly the solar farm project created a lot of discussion, despite there being an action group working on behalf of the Parish Meeting and neighbouring Councils. The meeting had previously tried to take a neutral stance until such time as the full plans for One Earths solar farm became public knowledge, but the meeting decided that this should be changed and the meeting is now firmly against any solar farm development within the Parish. The Action group, led by David White, continues to fight against the project, you may have seen the photo of the group meeting Robert Jenrick MP in the Newark Advertiser. It is anticipated that One Earth will have gone to formal consultation before the next Parish mag comes out so keep a look out for more info on Cliftonites and village noticeboards.

Carols on the green. About 30 people attended the now traditional Carols, enjoying mince pies, sausage rolls and mulled wine, whilst admiring the new lights on the Christmas tree. A convivial evening I am sure enjoyed by all who attended.

Flooding. Whilst better off than many, New Year brought the village back to life with a jolt as properties at the bottom end of Trent Lane became threatened by water running off the land that could not drain away due to the swollen Trent. Thankfully people rallied round finding pumps and sandbags so no houses flooded, only out buildings. The village owes a massive thanks to the volunteers who quickly set up a Flood WhatsApp group, followed by a team of pump attendants who manned the pump in two hour shifts for 96 hours. There is no doubt if people hadn't reacted in the way they did certainly one house, perhaps more would have been flooded. Lessons have now been learnt and the village has since appointed two flood wardens, two coordinators and is in the process of organising a "resilience store" where people can get emergency sandbags, aquasacs and the like. We are also trying to establish ownership of various drains, outlets and flood defences to make contacting authorities easier in the future.



Ownership of the green. Our claim for registering the green is slowly moving on. Following contact with the Open Space Society we now have forms for people to fill in which are aimed at providing evidence that the village has used the green for over 20 years without challenge. People who attend the meeting have had their forms already, but if you don't attend and would like the form please contact us using the email address below. The forms are available as hard copies or a PDF file.

Village party. This is due to go ahead in the evening of July 6th on the grassed area at the junction of Trent lane and Back lane, North Clifton. (Crofts Meadow). North Clifton Arts festival is taking place on the site during the daytime on Saturday and Sunday but the site is dedicated to the party in the evening. Bring your own picnic. The Sports club are providing a licenced bar and there will be games for the children and more agile adults! The arts festival is still in the planning stage but initial enquires look good and the event will be an ideal venue for local artists to showcase their work.

Defibrillator training and VETS system. By the time you read this another Defib training session will have taken place at the village hall. Stephen Fox has very kindly offered to take over the admin for the VETS system, (Volunteer emergency telephone system) which is community-run system which enables up 10-15 "good neighbours" to assist pending the arrival of the emergency services. A local number is used as a single point of contact using "Hunting-Group" technology to ring all volunteers phone numbers simultaneously. If you want to be part of this group please contact us on the following email address.

n.c.parish.meeting@gmail.com

Christmas Dinner Dance

Thank you to everyone who attended the Christmas Dinner Dance on 9th December. We hope you all enjoyed the evening and felt the event was as successful as the Committee did. Even a blip with the power cut did not seem to spoil a lovely evening!



Produce Show

*Calling all gardeners, cooks and crafters for the
36th Annual Produce show!*

It is now time to think about what you can plant, perfect your recipes and start on your craft project for the 36th Produce show which is to be held on Saturday 7th September. Please see our list of categories which have been updated so we now have some new and different entries for you.

Our third Fashion show by Complete Clothing is to be held on Saturday 27th April.

New for this year - More great quality labels including Jaegar, Hobbs, Joules, Seasalt, Whitestuff as well as M&S, Wallis and Next etc.

Come and get your summer wardrobe sorted!

Dates for your Diary

- ❖ Fashion Show – Saturday 27th April
- ❖ Cream Teas at Holly House-Saturday 13th July.
- ❖ Produce Show- Saturday 7th September
- ❖ Autumn Market- Sunday 6th October

Please have a look at our website at southcliftonhall.org. detailing our forthcoming events, facilities and booking details.

Coronation Hall South Clifton

36th Produce Show – Saturday 7th September 24

Schedule

Vegetables and Fruit

- 1 Home Grown Vegetable Collection
- 2 Home Grown Fruit Bowl Collection
- 3 Four Runner Beans
- 4 Four Potatoes
- 5 Four Tomatoes
- 6 The Heaviest Tomato
- 7 Four Cooking Apples
- 8 Four Eating Apples
- 9 Four Onions
- 10 Four Carrots
- 11 Heaviest Marrow
- 12 Four Eggs (Exhibitors own birds)

Flowers and Plants

- 13 One Specimen Rose
- 14 Three Roses
- 15 A Vase or Jug of Garden Flowers
- 16 Three flowers of Your Choice (Same Variety)
- 17 Flower Arrangement
- 18 Pot Plant in Flower
- 19 Foliage Pot Plant
- 20 Dried Flower Arrangement

Cooking and Home Produce

- 21 Jar of Jam
- 22 Jar of Chutney or Pickle
- 23 Slice of Quiche
- 24 Small Apple Crumble
- 25 Three Fruit Scones
- 26 Three Plain Scones
- 27 Victoria Sandwich (Decorated as you like)
- 28 Slice of Carrot Cake
- 29 Loaf of Bread
- 30 Homemade Wine
- 31 Flavoured Spirit

Handicrafts and Hobbies

- 32 Photograph: Landscape
- 33 Photograph: My Pet
- 34 Knitted or Crocheted Item
- 35 Hand Sewn Item
- 36 Small Wooden Item (not exceeding 30cm in any direction)
- 37 Hand Crafted Jewellery
- 28 Painted or Sketched Picture

Children and Young Person's Classes

- 39a Artist up to 7 yrs
- 39b Artist up to 11 yrs
- 39c Artist up to 18 yrs
There will be a trophy for the overall winner of class 39.
- 40 Four Jam Tarts (Child)
- 41 Small Model Garden (Child)



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The logo is a circular emblem with a white border. Inside the circle, the text "North Clifton Arts Festival 2024" is written in a white, sans-serif font. The background of the circle is a vibrant, abstract pattern of overlapping, translucent lines in shades of red, orange, and purple, which matches the overall theme of the festival's banner.

North Clifton
Arts Festival
2024

NORTH CLIFTON ARTS FESTIVAL 2024

An exhibition of arts and crafts to showcase the work of local artists

Saturday 6th July – 12.00 – 4.00pm

Sunday 7th July – 11-00 - 3.00pm

Croft's Meadow – North Clifton

Art & Craft Stalls, Bar, Refreshments, Picnic Area, Family Games

Art Competition: My Village (or Town)

an original painting or drawing that represents where you live

Categories: 6yrs and under: 7-11yrs: 12-16yrs: Adults 17yrs+

Exhibitors fees (own gazebo and table): £7.50 – 1 day, £10.00 – 2 days

Hire of Marquee space and table £10.00 – 1 day, £15.00 – 2days

Provision of electric socket £2.50 per day

If you are a creator of original art or craft work and are interested in having a stall please contact:

info@northcliftonartsfestival.com

For more information visit www.northcliftonartsfestival.com

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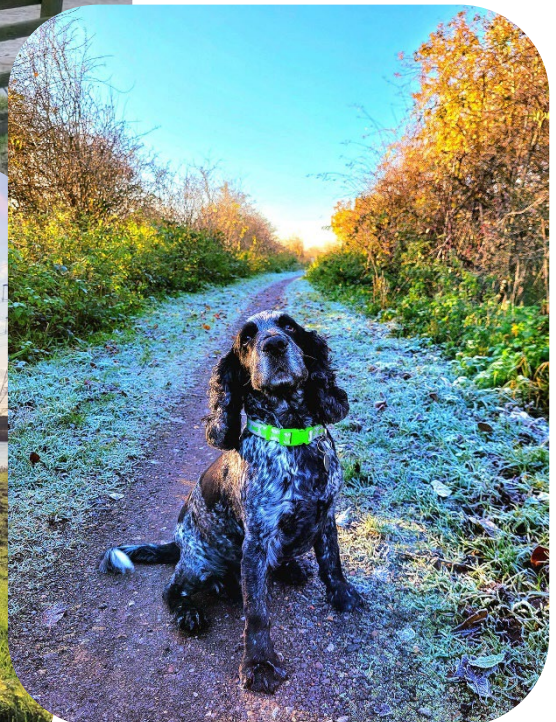
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Snapshots of village life

Along with some beautiful mornings over winter, some alternative transportation methods were needed.

Thank you to everyone who contributed these pictures, feel free to continue to send in snapshots of village life!





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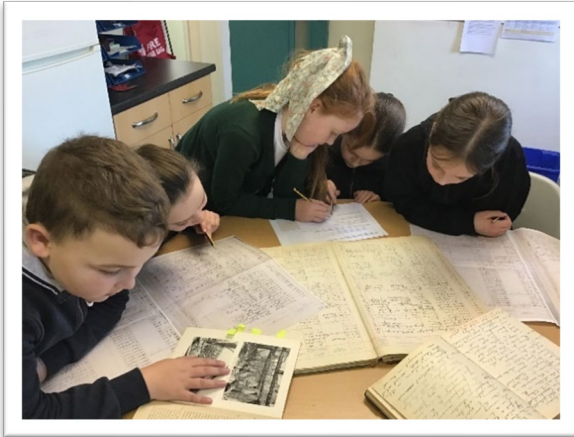
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North Clifton Primary School and the Second World War (1939-1945)



Our older pupils in the Owls Class (ages 7 to 11 years) have been studying the Second World War, and as part of this topic we have been looking at the impact the War had on our school and local community. We are extremely lucky to still have two very valuable historical documents relating to our school in our possession. The first is our School Admissions book opened in 1909, and the second is the School Log Book, which consists of two volumes, written by the incumbent Headmaster/Mistress recording key events in the School's life. These records have given the children a tantalising glimpse of the past, but sadly have also raised more questions than we've had answers for! Nevertheless, it has been an intriguing 'journey' and we thought you might be interested to hear what the children have discovered.

The first reference to the Second World War was not made on the day war was declared against Nazi Germany on 3rd September 1939, but in an entry made on 22nd August in the Log Book, when the then Head Mistress, Miss Ada Woodhead wrote: "The Junior children had their gas masks fitted after playtime this afternoon." This short matter-of-fact statement is typical of all entries in the Log Book, purely factual statements, with no comment, emotion or wider context; indeed the start and end of the Second World War was not even commented on.

An entry made on 31st August 1939, stated: "The School was closed this afternoon in accordance with the Emergency Orders for the Evacuation of Children." – this was when 1.5 million children and other 'vulnerable citizens' were evacuated from 'at risk' areas across the country. It was also a day when: "A supply of coke arrived." – a routine event but one always noted the Log Book. School re-opened on 14th September, starting with confirmation of further delivery of coke and the following: "The senior boys are making a simple shelter piling sand and sods in front of the hedge in the Playing field to use in case of an Air Raid Warning." It is difficult to believe today that building a make-shift air raid shelter could have been a serious activity, however, there is nothing in the Log Book to suggest this was anything but a very serious undertaking. There is no evidence to show where the shelter was built, or a description as to what it may have looked like when finished, but our current pupils, who know the grounds and lay of the land very well, certainly have their theories! Was it ever used? Our records don't confirm this either way, but they do tell us that there were 2 or 3 air raid warnings during school opening hours including one on 13th December 1940 when the Log Book records: "An air raid warning from 10.40am to 11.15am."

Perhaps the greatest impact the Second World War had on our School was the arrivals of evacuees. The first evacuees arrived at our School on 18th September 1939 – the Kirkby family of 3 children aged between 10 and 14 years, from Hull. These children are recorded in the Admissions Book as "Evacuees Unofficial", and presumably ended up in our local villages because they had family connections. There were several children during the War who fell under this category coming from local cities such as Sheffield and Hull. The real change, however, comes in June 1940. On 10th and 11th June 1940, the Admissions Book

records the admission of 24 “Evacuees Official” from Great Yarmouth, with the Log Book confirming the children arrived in the villages on 3rd June 1940, accompanied by two Infant Teachers, a Mrs Rose Fowler and Miss Amy Whyness.

Using a copy of an original letter, the children learnt that the parents of Great Yarmouth had less than 24 hours to decide whether or not to evacuate their children to an unknown destination in either “the Midlands or in Wales.” The Great Yarmouth Education Committee issued letters via the local schools on 28th May 1940, stating that: “This form must be returned to the School by 9 o’clock on Wednesday 29th May.” A list of items to gather was provided, and the families were given 4 days to prepare. Over 1,200 children left Great Yarmouth on five trains on 2nd June heading for Nottinghamshire, and it seems highly likely that our evacuees were amongst them. A newspaper article we discovered in the Newark Advertiser, dated Wednesday 12th June, records the arrival of 227 evacuees in Newark who were then transported by Lincolnshire Road Car Buses to the surrounding villages. Arrangements for the evacuees had been coordinated by Mrs T. L. C. Curtis of Collingham with the help of a billeting officer from each village. A further newspaper article reports the readiness of all local villages, but makes an appeal for mattresses.

Sadly, we weren’t able to find any memoirs or records to tell us who our villages’ billeting officers were, or to show what life was like for the evacuees once they had arrived in North and South Clifton or Spalford. We do know though, that our School admitted 50 evacuees over the course of the War, coming from as-far-a field as London; Portsmouth; Dartmouth; Romford; Bristol; Hull and Sheffield. The Admissions Book shows that virtually all evacuees returned to where they had originally come from. Some only stayed a few weeks, but the majority, particularly those from Great Yarmouth, stayed for the duration of the War. The longest stay was by two brothers who were registered in our school for just over 5 years, returning home to Great Yarmouth (which had been quite badly bombed during the War) on 6th July 1945.

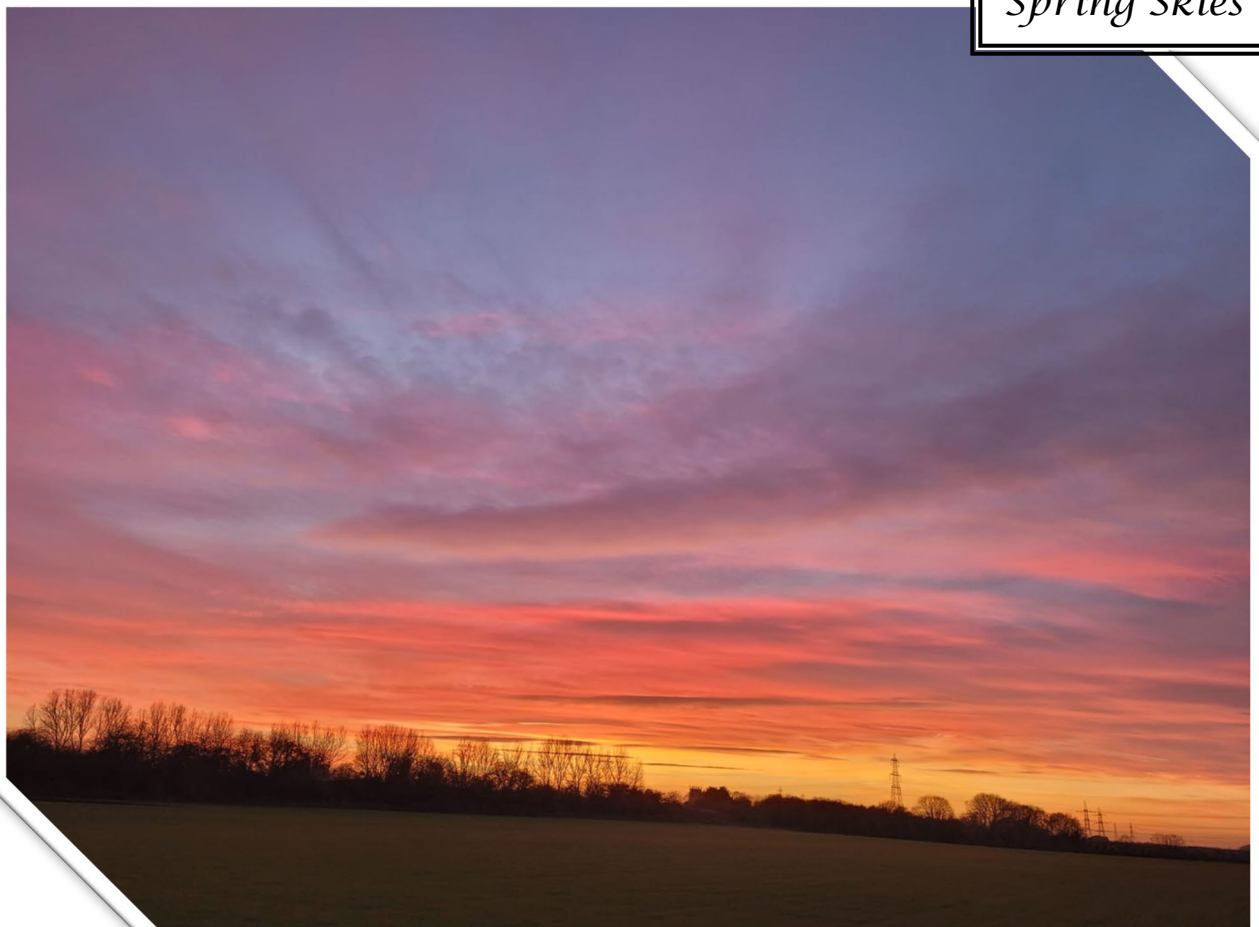
As well as looking at what our school records could tell us about the War, the children were lucky enough to have access to documents about a local young man, who had lived in Collingham and who is connected with South Clifton through his niece Anne Akrill. Anne’s Uncle, Billy Akrill was an RAF navigator who sadly died the day after his 21st birthday in 1943 on a mission to bomb the Krupps Factory in Essen, Germany. The children found Billy’s story fascinating, and used some of the 100 letters to his family and best friend, the telegram, his medals, condolence letters and a host of other historical documents to piece together his life and experiences, including the events of his very last mission when he was tragically recorded as “missing in operations” on the night of 12-13 March 1943. This research was later followed by a trip to the International Bomber Command Centre where, amongst some to other super activities, the children were able to find Billy’s name on the memorial there. Anne Akrill also came into school and spent some time with the children, telling them more about Billy and answering their questions - they were keen to talk about him and to tell her what they had learnt.

The children have really enjoyed this topic, and were stunned to learn that search lights and air raid shelters had been built in the villages, that prisoners of war had been housed locally and worked in our villages, and that bombs had even been dropped here. We owe our thanks to several people in the village for their support in helping us to find relevant information as we put these lessons, but particularly to Anne Akrill for entrusting such special family treasures to us for a while. We don’t think the children will forget Billy’s story.

We are very keen to build a picture of our School through time, and will definitely be using our records again to look at other period from the past. If you have any stories connected to our School, or the villages, perhaps about the evacuees, 2WW, 1WW, old photographs of the School and it’s pupils, or any information that you would like to share with us, please get in touch at office@northclifton.notts.sch.uk or just pop in - we would love to hear from you.



Spring Skies



Credit: Zoe Stewart

Doddington ~ Jerusalem Circular

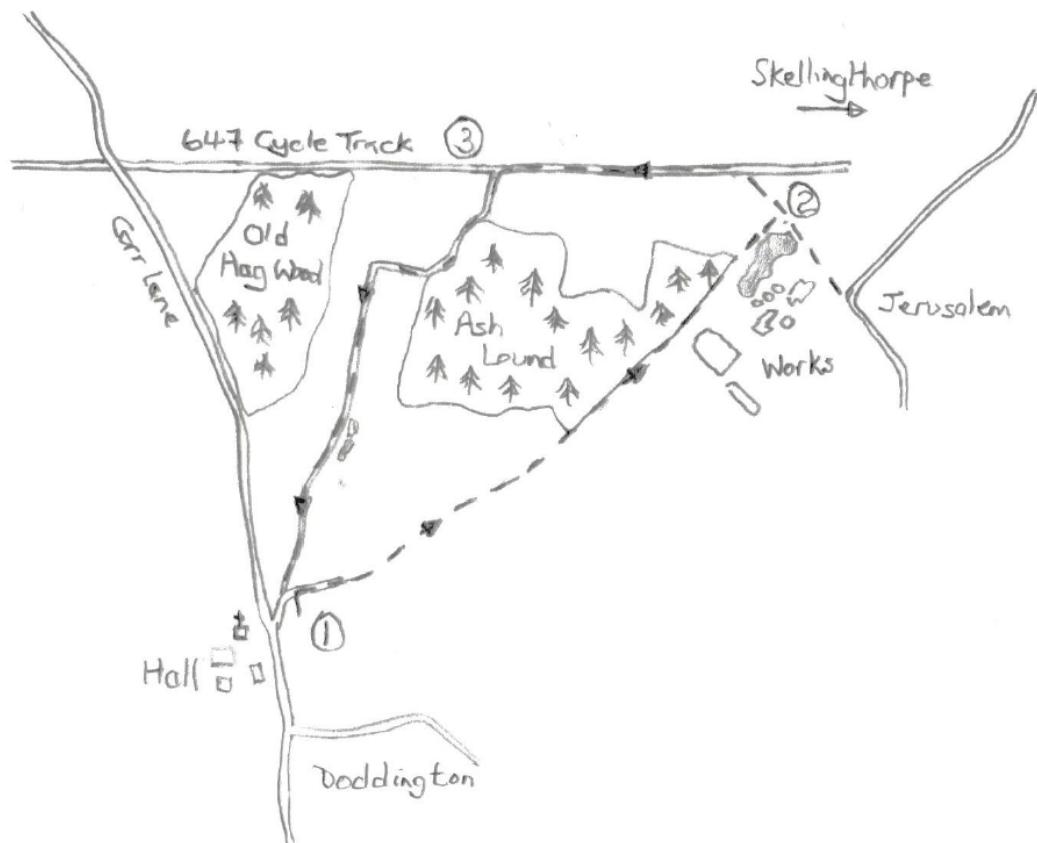
Distance – approx. 2.5 miles (1 – 1.5 hours)

OS Explorer Map 272

Easy walk using field and tarmac tracks with no stiles. Can be muddy in places.



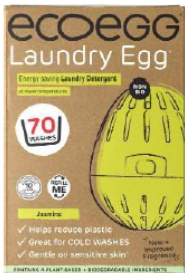
1. Starting at the Doddington Hall car park opposite the Church, take the path by the side of a small brick building to the right of the car park entrance (away from Doddington Hall). Follow this path through a gap in the hedge onto Kennel Lane following this lane as it bears right (ignore the entrance to cycle track on left) and continue to the end. Pass through a small metal gate onto a field path, continue ahead along this path by the side of a field and then a wood until you meet another metal gate. Go through this and carry on straight ahead passing a large pond and works on your right.
2. At a T-junction in the path, turn left onto a bridleway for a short distance and turn left again joining the 647 cycle track. Walk along the track for about ½ mile until you see on your left a tarmac track with metal 5 bar gate.
3. Turn left onto this track for a 1 mile back to Doddington Hall and the start of the walk.



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We sell over 80 environmentally friendly items, ranging from dog poo bags and nail brushes, locally made washable make up removers and beautiful soaps to washing up scrubbies (our best seller) and bamboo toothbrushes.

We are open every Saturday between 10 am and 12 noon at the sports pavilion on Coal Yard Lane, South Clifton.

Our café is open serving hot drinks and great cakes (£3 for a filter coffee and cake)

We hope to see you soon

Got a question? Contact Gill on 01522 778914 or southcliftonrefillstation@gmail.com

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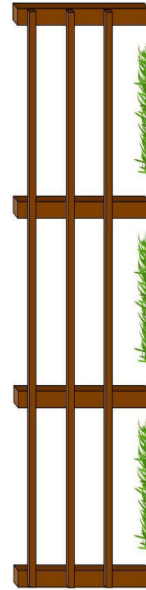
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Red Lion Bar

Here When You Need Us

We were more than willing to open up the Ron Beat Pavilion in support of those families who were impacted by the January floods. Newark & Sherwood District Council have designated us as the “Safe Place” for South Clifton and we are currently drawing up contingency plans for the future to lay on a warm and welcoming space for anyone needing help should, heaven forbid, such a thing happens again.

The Red Lion Bar goes from strength to strength and our fortnightly food vans are now a well-established part of what makes Friday nights so special in our villages. Here is an update of forthcoming events*

1st March Barbell Burger

15th March Chow Pizza

29th March Gormazin

12th April Pie-O-Neers

26th April Banzai Thai

10th May Barbell Burger

24th May Chow Pizza

7th June Tikka Junction



*Correct as we go to press. See Cliftonites/email for any updates nearer the time

The repairs to the children’s playground are now complete and we are working hard to keep the facility up to an acceptable standard. NSDC inspect annually and we carry out checks every fortnight in winter and weekly throughout the rest of the year.

We are delighted to have welcomed Kirsty and her Craft Sessions to join our growing list of local groups who use our facilities. During the floods we were pleased to be able to support Newark Rugby Club with their U/16 & U/14 floodlit training for the period of time their pitches were under water.

Collingham FC U/16 & U/15’s continues to enjoy success on our full-sized pitch. It is heartening to hear away parents speak highly of our facilities and, of course, the lovely welcome they get from the volunteers who run the Refill & Café on Saturday mornings.

South Clifton and District Sports and Community Association



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Mill Field update

Hello everyone. Here is an update on the Mill Field community project in South Clifton.

Mill Field is the field opposite the Coronation Hall - so-called because it used to be the location for a windmill. The windmill was the 'post' type of mill with a timber building and sails on top of a brick base. Over a century ago there were also mills like this in Spalford and Besthorpe. There is one picture of the mill in existence (shown on this page).

The field has been empty for a number of years. In 2022 a few South Clifton residents formed a volunteer group - the Friends of Mill Field - to put together some plans for the field after the village was offered the opportunity to do this. Last year we had a proposal accepted by Newark & Sherwood District Council (with the support of the Parish Council) for a community project including increasing public access, hedge and tree planting, some allotments, a community orchard and some areas managed for wildlife. There will also be an area preserved to recognise the heritage feature of the footprint of the old mill.



Although the plans were approved some time ago there has been a delay to the handover of the field. This is because Newark & Sherwood Council need to undertake a more thorough clean-up of the area that is proposed for food growing before we can take it on. The council have been out to inspect the site and we are currently awaiting confirmation that this further cleanup will happen and a date for this work to take place. Once we have this we will be back in touch with you all to let you know including to ask for expressions of interest for allotments (we have already had a few). We intend to apply for a grant for fencing and water supply and there will be some ground preparation to ensure the allotments are ready for use. We hope to be able to do some tree planting and hedge repairs and planting over the winter of 24/25 with the support of the Sherwood Forest Trust.



If you'd like to join our volunteer email list please contact me at adamcormack01@gmail.com There is no obligation to do anything and there will be all sorts of tasks to get involved with over the next few months. We'll be working on plans, potentially doing some clearing up/cleaning of the site and working on fundraising bids to help with the work we want to do. There is a public footpath that runs through the site so do have a look if you're in the village. It is a lovely space with mature trees in the hedges, an old pond in the far corner and full of wildflowers in the summer months. We are looking forward to taking it on and managing it for the benefit of the village.

Adam Cormack (Friends of Mill Field)

Patient Participation Group News

Hello to everyone from your PPG (Patient Participation Group) at Collingham Medical Centre; serving Collingham and several surrounding villages. We are volunteers who meet regularly to share information and support the work of the medical centre staff.

At our most recent meeting we were pleased to welcome the pharmacist John Hiddick who shared some updates about Collingham Pharmacy. The pharmacy can now offer services for the following :

- Sinusitis (12 years and over)
- Sore throat (5 years and over)
- Acute Otitis Media/Ear infection (1 -17 years old)
- Infected insect bite (1 year and over)
- Impetigo (1 year and over)
- Shingles (18 years and over)
- Uncomplicated UTI (Women 16-64 years)
- Blood pressure readings
- Starting contraception and ongoing prescriptions
- Emergency Contraception
- Weight loss services.

We were also pleased to learn that the pharmacy is now offering recycling services for; batteries, glasses, Inhalers and insulin pens. The recycling bins can be found beside the front door of the pharmacy, within a large wooden box.

The PPG are looking forward to future local events where we hope to meet more of you and hear your points of view, ideas and suggestions.



COLLINGHAM MEDICAL CENTRE

High Street
Collingham
Newark NG23 7LB
General Enquiries/
Emergencies: 01636 892156

Email: collingham.medicalcentre@nhs.net

Drs Fearn, Li, Coulton, Suresh, Schuerch, Rees, Kathirgamachelvam

Monday - Friday 8.00am-6.15pm

Telephone number: 01636 892156

Appointments and General Enquiries line open 8.00am – 6.15pm

Prescriptions line open 10.00am – 12.00pm

In addition to our normal medical services, we can offer:

Child and Adult Immunisations, Well Person Health Checks, Travel Advice, Minor Injuries, Joint Injections and Minor Ops (including cryotherapy)

Our communication with patients relies on current information. If your personal details change, including telephone numbers, please let the practice know. Thank you.

Out of Hours Service is provided from 111 when the surgery is closed.

Website: www.collinghammedicalcentre.co.uk

“My feet are killing me”

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Pledging could not be easier:

- Enter your postcode on the first page
- Click 'Pledge for Spalford Exchange Project'
- Enter your details, including your address, phone number and email address
- Read and accept the terms and privacy policy and click **SUBMIT**

Pledging only takes 5 minutes, and we need **AS MANY HOUSEHOLDS AS POSSIBLE** to pledge (One pledge per household).

Time is limited to reach the required number of pledges. Even if the pledge says over 100% when you look, the more, the better!

Gill Cobham (South Clifton)

- gillian.cobham@sky.com (email)
- 07957 404 891 (text message or phone call)

or

Daniel Finch (South Clifton)

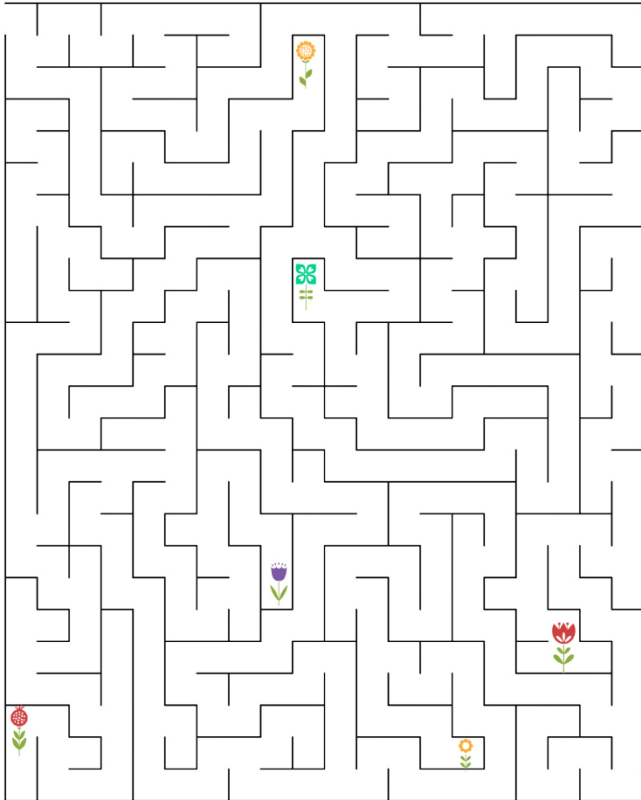
- NSCSnewsletter@gmail.com (email)

Thank you



Childrens' Zone

Help Buzzy Reach His Friends!



A PICTURE PUZZLE TO COLOR



Color blue the spaces with Dots. Color red the spaces with X's. Now what do you see in the picture?

Draw a picture of your favourite thing about Spring!



Spring Dates for your Diaries

There are regular weekly events in The Coronation Hall in South Clifton – see individual adverts in this newsletter. Here are details of the other events being held over the Spring and into Summer. The Coronation Hall is available for hire – See advert on page7 for details.

Imminent

The deadline for pledging your Government funded voucher to bring Ultra-Fast Broadband to South Clifton and Spalford! See poster on page 26 for details.

March

- 01st – Barbell Burger food van – The Red Lion Bar
- 10th – 1030hrs – Sunday service at St. George the Martyr Church
- 12th – 1930hrs – South Clifton Parish Council Meeting – Coronation Hall
- 15th – 1800hrs – Chow Pizza food van – The Red Lion Bar
- 16th – 2000hrs – England vs France Six Nations Rugby – The Red Lion Bar
- 19th – 1900hrs – Quiz Night at the Red Lion Bar
- 19th – Spring Equinox
- 24th – 1030hrs – Sunday service at St. George the Martyr Church
- 29th – 1800hrs – Gormazin food van – The Red Lion Bar
- 31st – Easter Sunday
- 31st – Clocks go forwards – the start of British Summer Time (BST) (UTC/GMT+1)

April

- 12th – 1800hrs – Pie-o-Neers food van – The Red Lion Bar
- 14th – 1030hrs – Sunday service at St. George the Martyr Church
- 16th – 1000hrs – St. George the Martr Church Annual General Meeting – Ron Beat Sports Pavilion
- 16th – 1900hrs – Quiz Night at the Red Lion Bar
- 23rd – 1930hrs – South Clifton Parish Council Meeting – Coronation Hall
- 26th – 1800hrs – Banzai Thai food van – The Red Lion Bar
- 27th – 1000hrs – Sunday service at St. George the Martyr Church
- 27th – 1430hrs – Fundraising Fashion Show – The Coronation Hall
- 30th – Safer Neighbourhood Group Meeting

May

- 10th – 1800hrs – Barbell Burger food van – The Red Lion Bar
- 12th – 1030hrs – Sunday service at St. George the Martyr Church
- 14th – 1900hrs – Quiz Night at the Red Lion Bar
- 24th – 1800hrs – Chow Pizza food van – The Red Lion Bar
- 26th – 1030hrs – Sunday service at St. George the Martyr Church

Future Dates for Diaries

- 6th July – North Clifton Village Party
- 6th & 7th July – North Clifton Arts Festival
- 13th July – Cream Teas at Holly House
- 7th September – Annual Produce Show

We are dedicated to keeping this newsletter useful, enjoyable and relevant. If you have any feedback, comments, queries or suggestions, please contact the Design Team on NSCSnewsletter@gmail.com. We would love to hear from you. Take care and have a wonderful Spring!